CRITICAL TASK? ☐

If checked, follow SWP 27.1 F

Energy Supply

Job RISK Briefing Form

EMERGENCY COMMUNICATION

CHANNEL / NUMBER: _____

Prepare, discuss and review the job plan with team before beginning work and when a change is introduced.

Date:	**Work Order #**
Equipment / Unit:	
Location:	
HEC Lockbox(es) #:	

All lone workers must conduct a briefing with your team, supervisor, crew lead, senior operator or person in charge.

Specific Work to be Performed on this Job:

Pre-Job Checklist

Three Planes Check (front & back, side to side, up & down) for hazards conducted?

Yes ☐ N/A ☐

Permit needed?

LOTO Yes ☐ N/A ☐

Are all associated parts and machinery in a zero-energy state, to avoid harm/injury?

Electrical Lockout	Yes ☐	N/A ☐
Valve Lockout	Yes ☐	N/A ☐
Mechanical Blocking	Yes ☐	N/A ☐
Hot Work	Yes ☐	N/A ☐
Excavation	Yes ☐	N/A ☐
Confined Space	Yes ☐	N/A ☐
Radiation Work	Yes ☐	N/A ☐
Energized Electrical Work	Yes ☐	N/A ☐

Is Fall Protection required?

Yes ☐ N/A ☐

Proper Safety Equipment & Tools available?

Yes ☐ N/A ☐

Communicated work with other(s) in area?

Yes ☐ N/A ☐

Emergency Equipment Location Identified (Yes or N/A)	
AED	Shelter in Place / Assembly Area
Fire Extinguisher	First Aid Kit
Eyewash Station	Safety Shower
Exit	Other

NAMES OF WORKERS RECEIVING BRIEFING:

(Please Print Names Legibly)

You have the responsibility to provide constructive feedback anytime you observe a person performing an activity that could result in injury.

Name of Person Filling Out This Form:

The table below gives general guidance on length of time between water breaks and a corresponding hydration target for each hour of work.

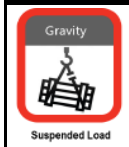
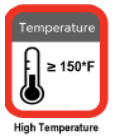
Temperature	Work Level	Maximum Minutes Worked Between Hydration Breaks	Hydration Target
< 80	Normal		8 – 12 oz / hour
80 – 85	Normal		8 – 16 oz / hour
86 – 90	Normal	50	12 – 20 oz / hour
91 – 95	Normal	45	16 – 24 oz / hour
≥ 96	Normal	40	24 – 32 oz / hour

If you are performing heavy or excessive work you will need to increase your hydration level and take more frequent water breaks.

People with a history of renal insufficiency or congestive heart failure need to be cautious of over hydrating.

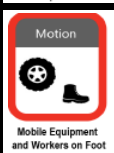
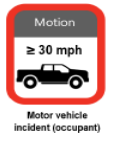
Feels Like Temperature		Hydration Target
Beginning of Shift/Task		
Middle of Shift/Task		
End of Shift/Task		

High Energy States – Have you identified and controlled any High Energy States present?

 **1.** Gravity (anything suspended over your work zone)?	 **2.** Are you exposed to slips, trips, fall from heights?	 **3.** Are you at risk for contact with mechanized equipment?	 **4.** Are you working with or around equipment with volts higher than 50?	 **5.** Are you at risk for an Arc Flash?
 **6.** Are you at risk for contact with steam of any temperature and pressure?	 **7.** Are you vulnerable to substances with high temperatures?	 **8.** Are you working with or around flammable sources?	 **9.** Are you carrying out a task with an explosion risk?	 **10.** Are you exposed to pressure?

JOB HAZARD ASSESSMENT

Identify job/task steps and the associated hazards/controls.

 **11.** Are you at risk for exposure to toxic chemicals or radiation?	 **12.** Are you at risk for contact with mobile equipment?	 **13.** Are you travelling over 30 MPH?

Steps / Tasks of Job	Hazards *(List High Energy State numbers from above, if applicable, and any other hazards)*	Control(s) *(Identify PPE, Work Procedures, HEC Procedures, SWP/Programs, and special precautions)* **For high energy hazards, Best Practice is to have a minimum of two barriers in place.*