



HIGH RISK TASK?

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If checked, follow SWP 25.1 D

Energy Supply Job RISK Briefing Form

EMERGENCY COMMUNICATION

CHANNEL / NUMBER: _____

Prepare, discuss and review the job plan with team before beginning work and when a change is introduced.

Date:	Work Order #
Equipment / Unit:	
Location:	
HEC Lockbox(es) #:	

Specific Work to be Performed on this Job:

Emergency Equipment Location Identified (Yes or N/A)		NAMES OF WORKERS RECEIVING BRIEFING: (Please Print Names Legibly)	
AED	Shelter in Place / Assembly Area	You have the responsibility to provide constructive feedback anytime you observe a person performing an activity that could result in injury.	
Fire Extinguisher	First Aid Kit		
Eyewash Station	Safety Shower		
Exit	Other		
		Name of Person Filling Out This Form:	

The table below gives general guidance on length of time between water breaks and a corresponding hydration target for each hour of work.			
Temperature	Work Level	Maximum Minutes Worked Between Hydration Breaks	Hydration Target
< 80	Normal		8 - 12 oz / hour
80 - 85	Normal		8 - 16 oz / hour
86 - 90	Normal	50	12 - 20 oz / hour
91 - 95	Normal	45	16 - 24 oz / hour
≥ 96	Normal	40	24 - 32 oz / hour

If you are performing heavy or excessive work you will need to increase your hydration level and take more frequent water breaks.		
People with a history of renal insufficiency or congestive heart failure need to be cautious of over hydrating.		
Feels Like Temperature		Hydration Target
Beginning of Shift/Task		
Middle of Shift/Task		
End of Shift/Task		

All lone workers must conduct a briefing with your team, supervisor, crew lead, senior operator or person in charge.

Pre-Job Checklist

Three Planes Check (front & back, side to side, up & down) for hazards conducted?

Yes ☐ N/A ☐

Permit needed?

LOTO Yes ☐ N/A ☐

Are all associated parts and machinery in a zero-energy state, to avoid harm/injury?

Electrical Lockout Yes ☐ N/A ☐

Valve Lockout Yes ☐ N/A ☐

Mechanical Blocking Yes ☐ N/A ☐

Hot Work Yes ☐ N/A ☐

Excavation Yes ☐ N/A ☐

Confined Space Yes ☐ N/A ☐

Radiation Work Yes ☐ N/A ☐

Energized Electrical Work Yes ☐ N/A ☐

Is Fall Protection required?

Yes ☐ N/A ☐














Proper Safety Equipment & Tools available?

Yes ☐ N/A ☐

Communicated work with other(s) in area?

Yes ☐ N/A ☐

High Energy States – Have you identified and controlled any High Energy States present?

 <p>Gravity</p> <p>1. Gravity (anything suspended over your work zone)?</p> <p><small>Suspended Load</small></p>	 <p>Gravity</p> <p>2. Are you exposed to slips, trips, fall from heights?</p> <p><small>Fall from Elevation</small></p>	 <p>Mechanical</p> <p>3. Are you at risk for contact with mechanized equipment?</p> <p><small>Heavy Rotating Equipment</small></p>	 <p>Electrical</p> <p>4. Are you working with or around equipment with volts higher than 50?</p> <p><small>Electrical Contact with Source</small></p>	 <p>Electrical</p> <p>5. Are you at risk for an Arc Flash?</p> <p><small>Arc Flash</small></p>
 <p>Temperature</p> <p>6. Are you at risk for contact with steam of any temperature and pressure?</p> <p><small>Steam</small></p>	 <p>Temperature</p> <p>7. Are you vulnerable to substances with high temperatures?</p> <p><small>High Temperature</small></p>	 <p>Temperature</p> <p>8. Are you working with or around flammable sources?</p> <p><small>Fire with Sustained Fuel Source</small></p>	 <p>Pressure</p> <p>9. Are you carrying out a task with an explosion risk?</p> <p><small>Explosion</small></p>	 <p>Pressure</p> <p>10. Are you exposed to pressure?</p> <p><small>Excavation or Trench</small></p>
<p align="center">JOB HAZARD ASSESSMENT</p> <p align="center">Identify job/task steps and the associated hazards/controls.</p>				
 <p>Chemical / Radiation</p> <p>11. Are you at risk for exposure to toxic chemicals or radiation?</p> <p><small>High Dose of Toxic: Chemical or Radiation</small></p>	 <p>Motion</p> <p>12. Are you at risk for contact with mobile equipment?</p> <p><small>Mobile Equipment and Workers on Foot</small></p>	 <p>Motion</p> <p>13. Are you travelling over 30 MPH?</p> <p><small>Motor vehicle incident (occupant)</small></p>		

JOB HAZARD ASSESSMENT

Identify job/task steps and the associated hazards/controls.

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